We claim:

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- 1. A process for producing a polyvinyl alcohol gel comprising the following steps:
 - a) utilizing an aqueous polyvinyl alcohol solution with a degree of hydrolysis of at least 98 mol%.;
 - b) dissolving an additive in the aqueous polyvinyl alcohol solution;
 - c) dehydrating the aqueous solution to a maximum residual water content up to 50 wt.% in order to cause the phases to separate and the polyvinyl alcohol to gel with the additive forming a separate, distributed and aqueous phase; and
 - d) rehydrating the polyvinyl alcohol in an aqueous medium.
- 2. The process according to Claim 1, wherein the polyvinyl alcohol solution has a concentration of 4 30 wt.%.
 - 3. The process according to Claim 1, wherein the polyvinyl alcohol solution has a concentration of 6 16 wt.%.
- 4. The process according to Claim 1, wherein the additive is used which has an affinity to water at least similar to that of the polyvinyl alcohol or greater.
 - 5. The process according to Claim 4, wherein the additive is selected from the group cellulose esters, cellulose ethers, starch esters, starch ethers, polyalkylene glycol ethers, polyalkylene glycols, long-chain alkanoles ($n \ge 8$), sugar esters and sugar ethers.
 - 6. The process according to Claim 1, wherein the additive includes polyethylene glycol.

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- 7. The process according to Claim 6, wherein the additive has a concentration in a range of 4 20 wt.%.
- 8. The process according to Claim 6, wherein the additive has a concentration in a range of 6 10 wt.%.
 - 9. The process according to Claim 1, wherein the dehydration of the aqueous solution is performed until a residual water content of at least 10 wt.% is reached.

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- 10. The process according to Claim 1, wherein the dehydration of the aqueous solution is performed until a residual water content in a range of 10 30 wt.% is reached.
- 11. The process according to Claim 1, wherein the dehydrating of the aqueous solution is performed after dripping the aqueous solution onto a hard surface.
- 12. The process according to Claim 1, wherein the dehydrating of the aqueous solution is performed after pouring the aqueous solution into a form.
 - 13. The process according to Claim 1, wherein the gel substance is formed with a diameter that is at least double a height of the gel substance.
- 25 14. The process according to Claim 1, wherein the gel substance is formed with a diameter of at least 1 mm and a height in a range between 0.1 and 1 mm.
 - 15. The process according to Claim 1, wherein the gel substance is formed with a diameter in a range of between 2 mm and 4 mm and a height in a range between 0.2 mm and 0.4 mm.

16. The process according to Claim 1, wherein the dehydrating of the aqueous solution is performed after pouring the aqueous solution to form a long strand.

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- 17. The process according to Claim 1, wherein the dehydrating of the aqueous solution is performed after pouring the aqueous solution onto a base material.
- 18. The process according to Claim 1, wherein the rehydrating the polyvinyl alcohol is performed in water.
 - 19. The process according to Claim 1, wherein the rehydrating the polyvinyl alcohol is performed in a saline solution.

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- 20. The process according to Claim 1, further includes adding a biologically, chemically or physically active material.
- 21. The process according to Claim 20, wherein a culture solution for the biologically active material is used as the saline solution.
 - 22. The process according to Claim 21, wherein said culture solution contains polyvalent anions.
- 23. The process according to Claim 1, wherein additives, which alter specific gravity are added to the solution prior to dehydration.
 - 24. The process according to Claim 1, wherein the dehydrating the aqueous solution is completely performed during a falling process in a drop tower and occurs during the time it takes a created a drop to fall in the drop tower.